The SUDC Foundation is once again leading efforts to raise awareness of SUDC around the world. The Sudden Unexplained Death in Childhood (SUDC) Foundation is the only organization worldwide whose purpose is to promote awareness, advocate for research, and support those affected by SUDC. SUDC is the fifth leading category of death in children ages one to four; yet SUDC receives no public funding. The SUDC Foundation provides all services at no cost to families. March is all about raising awareness for SUDC and strengthening our community of advocates for the benefit of all children.

"Like" and follow us on Facebook, Twitter and Instagram to stay up to date! And please share our posts including #SUDCAwareness.

Visit SUDC.ORG to learn about all of the ways that you can help us raise SUDC awareness and download our awareness month resources.

March is SUDC Awareness Month

Week 1: March 1-7

Share Information with a Friend Week
Join us this week in educating someone on SUDC by sharing our SUDC Fact Sheet with them. Share your efforts on social media, using #SUDCAwareness.

Week 2: March 8-14

Wear Your Heart on Your Sleeve Week
Join us in remembering those lost to SUDC by wearing your favorite awareness shirt, pin, hat, jewelry, or other memorabilia special to you, and then post a photo on social media, using #SUDCAwareness.

Week 3: March 15-21

Kindness Week
Join us in remembering those lost to SUDC by using our Kindness Cards to perform a Random Act of Kindness in their memory. Share on social media, using #SUDCAwareness.

Week 4: March 22-28

Why SUDC Awareness Is Important to Me Week
Join us this week and share why SUDC is important to you on social media, using #SUDCAwareness.