



The SUDC Foundation appreciates your support as we continue leading global efforts to raise awareness about Sudden Unexplained Death in Childhood. We are the only organization worldwide dedicated to raising awareness, funding research, and serving those affected by SUDC.

Each year in the United States, approximately 500 children die suddenly and unexpectedly without any clear explanation. Despite ranking as the 5th leading category of death in children aged 1 to 4, SUDC lacks targeted public funding. Your awareness efforts can help us fund essential research to understand SUDC better, provide trauma-informed bereavement support at no cost to families, and enhance SUDC literacy in our communities preventing anyone from grieving alone.

Let's work together to create a future without SUDC and recognize the transformative impact of fostering resilience within our communities.

SUDC Foundation Fundraising Challenge

Be a part of the SUDC Foundation Fundraising Challenge! Together, let's reach 25,000 miles and raise \$50,000 to support the SUDC Foundation, all while raising awareness of SUDC!

- Here are the many ways you can get involved!
- Participate in the Strides for SUDC Awareness Challenge: <https://runsignup.com/Race/NJ/Roseland/StrideforSUDCAwareness>
 - Host a Facebook Fundraiser: <https://sudc.org/facebook-fundraising/>
 - Create a Bonfire T-shirt Campaign: <https://www.bonfire.com/org/sudc-foundation-465008779/>
 - Attend a local fundraising event near you: <https://sudc.org/events/>
 - Partner with your employer for a matching gift: <https://sudc.org/workplace-giving/>
 - Participate in a "Workplace Color Challenge Day" by wearing the SUDC Foundation's official colors of blue and yellow, and encouraging colleagues to do the same.

Every step you take, every dollar you raise, and every effort you make to raise awareness, helps us continue to fund vital research and to support families impacted by Sudden Unexplained Death in Childhood (SUDC) at no charge.

For more details on any of the above, email specialevents@sudc.org.

**One Community. One Common Goal.
Together We Shine.**

Follow us on     

and share your efforts using #SUDCAwareness

Visit SUDC.org to learn more. 



Wear Your Heart On Your Sleeve Throughout March

Show your support all month long to honor all the children gone too soon by wearing the official blue and gold colors of the SUDC Foundation.

Share your photos:
on social media and tag us @SUDCFoundation
Use the hashtags:
#SUDCFoundation #MarchIsSUDCAwarenessMonth

We Are Stronger Together!



Shine A Light on SUDC All Month Long

Share our resources in your community, illuminate your residence in blue and yellow (The SUDC Foundation's official colors), request a local proclamation to do the same, and/or share our social media posts all month long by using the hashtag #ShineALightOnSUDC.

Be the Voice for SUDC Awareness Month!



Advocate. Empower. Connect.

Join us for our second SUDC Foundation Town Hall where you'll meet our Board of Directors and team to celebrate past milestones and learn about 2025's initiatives, and the focus for the future.

Your Voice. Your Power. Our Future.



Random Acts of Kindness All Month Long

Perform acts of kindness throughout the month to honor the precious lives lost to SUDC.

Make a meaningful difference by remembering each child loss too soon to SUDC through acts of generosity, love, and kindness.

Share and Tag Us on Social.